



b kinder
foundation

kindness bingo

How many kind acts can you complete?

Tick each bingo challenge and watch your kindness grow.

1

Give
someone a
smile.



2

Let someone else go
first in a game or
line.

3

Tell a classmate
one thing you like
about them.

4

Play with
someone who
looks lonely.



5

Clean up some
litter in the
playground.



6

Say "thank you" to
someone working in
the office, canteen
or library.

7

Lend a hand to
someone in your
class who might
need help.

8

Ask someone new
to sit with you or
join your game.

9

Cheer for someone
else's achievement
in class.

10

Help tidy up the
classroom without
being asked.

11

Tell yourself that
you are doing a
good job.

12

Say thank you to
your teacher when
they have helped
you.

13

Spend recess
making sure you
are being kind to
everyone around
you.

14

Tell a classmate
what you like about
their artwork or
project.



15

Say "good morning"
to two different
teachers.

16

Write a kind
message to
another student.



Be a kindness superhero today!