



kindness bingo

How many kind acts can you complete?
Tick each bingo challenge and watch your kindness grow.

1

Give someone a smile.



2

Let someone else go first in a game or line.

3

Tell a classmate one thing you like about them.

4

Play with someone who looks lonely.



5

Clean up some litter in the playground.



6

Say "thank you" to someone working in the office, canteen or library.

7

Lend a hand to someone in your class who might need help.



8

Ask someone new to sit with you or join your game.

9

Cheer for someone else's achievement in class.

10

Help tidy up the classroom without being asked.

11

Tell yourself that you are doing a good job.

12

Say thank you to your teacher when they have helped you.

13

Spend recess making sure you are being kind to everyone around you.

14

Tell a classmate what you like about their artwork or project.



15

Say "good morning" to two different teachers.

16

Write a kind message to another student.



Be a kindness superhero today!