



The Social Impact of the b kinder school program Student Results

Tasmania Schools -2025



Program Outcomes:

The b kinder school program focuses on developing holistic skills in student leadership, building kind and thoughtful leaders of tomorrow, so that students can leave schools better than they found them. The program involves five initiatives across a year: b kinder day, safe space within the school, recognising kindness in others, committing to community service, and connecting with other student leaders. The strengthening of these holistic skills in student leadership can create ripple effects through a school or community, contributing to a rising tide of holistic wellbeing.

Program Participants

Years five and six students from three public schools in Tasmania.

Measurement Sample

26 student surveys, from students who participated in the program. 24 students completed both a before and after survey allowing for paired analysis.

“It has made me understand that even if I make a small change to the world, it will still make a difference. It is like dropping a small stone into a large lake, the splash is small, but the ripples go out far.”

“My school has changed a lot because of the b kinder program. People have realised that being mean can hurt someone's feeling and now I rarely see anyone being nasty these days.”

- Student Leaders

Experiencing Bullying

-36%

Reduction in students feeling bullied at school.

Witnessing Bullying

-18%

Reduction in students witnessing bullying at school.

Adaptability

+5%

Increase in feeling okay when plans change.*

Communication Skills

+3%

Increase in feeling comfortable sharing thoughts and feelings with others.*

Inspiration

96%

Of students felt inspired to make a difference in their school at the start of the year.

Legacy

73%

Of students agreed they had a positive impact on their school at the end of the year.

*The above results are the self-reported scores from students who have completed the program. Factors marked with an * were not statistically significant.*