

Program outcomes

The b kinder school program empowers students to lead with kindness, compassion and empathy, creating meaningful and lasting change within their school communities. Throughout the year, student leadership teams implement five kindness initiatives: organising b kinder day, finding a safe space within the school, recognising kindness in others, committing to community service, and connecting with leaders from other b kinder schools. Through these initiatives, students strengthen their empathy, communication, teamwork, problem-solving and leadership skills while role modelling positive behaviours that inspire others, foster inclusion and contribute to a more connected school community.

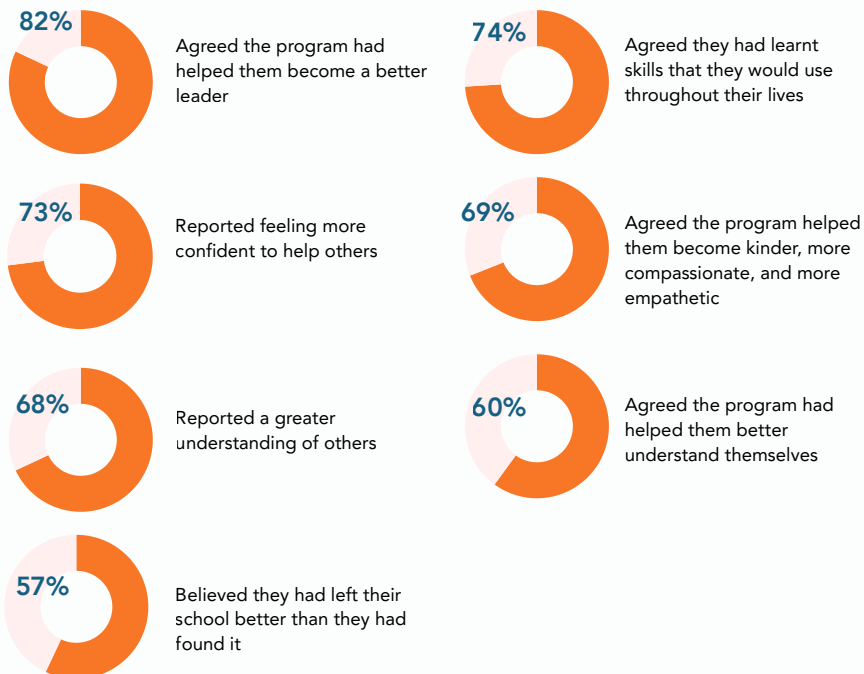
Program Participants

Years five and six students from four primary schools in Queensland.

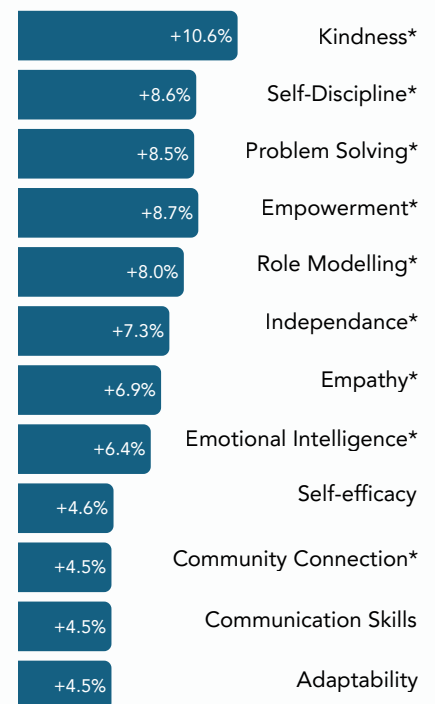
Measurement Sample

64 surveys, from students who participated in the program across the four schools.

Findings



The above results are the self-reported scores from students who have completed the program.



* Indicates the result is statistically significant

Impact on student leaders

"It has made me feel better to speak up and help others"

"It helped me understand others and how they were feeling"

"It has helped me to feel more confident and happy"

"I am much more confident by helping others and making my school a better place"

"It has helped me to become a better person and learn how to be kinder"

"It has helped me see the better in myself"

"It has helped me open up to myself"

Impact on their school

"It's made people more aware and less people are bullying"

"It has made other kids be kinder"

"Makes our school a better place and a safer place so everyone is welcomed"

"It has shown that you can help others even if you don't know them"

"It helps with others to feel more brave, strong, and believe in themselves"

"kids are being more kind and empathetic"